

Wexham Bowls Club in Norway Drive,
would like to invite you to their

BOWLS ENGLAND BIG WEEKEND EVENT

On Bank Holiday Monday, 29th May

From 2 pm to 4 pm

Here are some good reasons to give B  wls a go!

1. **Playing bowls is very doable.** Whatever your physique, bowls is a sport for everybody and it will help improve your fitness levels and mental wellbeing.
2. **Age and gender differences don't really affect a game of bowls,** so it's a perfect sport to spend time and enjoy a bit of healthy competition with your family.
3. **Bowls clubs are sociable places full of people looking to have fun,** so bowls is a great way to relax and make new friends.

Just bring a pair of flat shoes and we'll supply the rest.

The bar will be open for refreshments.

If you enjoy the afternoon and would like to learn a bit more, our coaching team will be happy to chat to you. Training sessions are held on Tuesday evenings from 6 o'clock.

LEARN THE BOWLS LINGO

Bias—The shape of the bowl which causes it to curve.

Delivery—The moment the bowl leaves the hand.

Jack—The little round target ball to which your trying to get your bowls closest.

Shot—The bowl that is nearest the jack at any stage of play.

Mat—The rectangular shaped mat from which the bowler must deliver the jack and/or bowl.

